



CSIT World Sports Games, Tortosa 2019

Summer Sun and IRV Wheel Workshop Week

The IRV invites Gym Wheel and Cyr Wheel enthusiasts from all over the world to join us at the 2019 CSIT World Sports Games in Tortosa/Spain (02 to 07 July 2019). Tortosa lies a 20-minutes bus ride away from the beautiful beaches of the Costa del Azahar, between Barcelona (north) and Valencia (south).

Do you want to spend 5 days in a wheel? Learn new skills? Make new friends? Try wheel gymnastics for the first time? Practise what you already know? Then this is your chance to do just that!

IRV open Gym and Cyr wheel workshops → supported and organized by the 2 current world champions **Cheyenne Rechsteiner** (Switzerland) and **Hauke Narten** (Germany)

- **EVERYONE** welcome
- pick up or develop new skills
- exchange ideas and experiences

Test your new-found skills at an optional Team Challenge event at the end of the workshop.

IRV Open Mixed Masters Team Challenge:

- new competition format
- mixed teams (Cyr/Gym wheel; female/male; old(er)/young(er); different nationalities)
- find your team in Tortosa, or pre-register it
- 3-6 gymnasts in a team to perform 6 routines (free choice of 6 routines from the following 12):
 - 2 straight-line to music
 - 2 straight-line without music
 - 2 spiral
 - 2 vault
 - 2 Cyr technical
 - 2 Cyr free
- maximum score of 15 points for all routines

The main focus of the Open Mixed Masters Team Challenge is on Fair Play and inclusion, as well as international interaction and mutual understanding in sport.

Costs

- **IRV participation fee** for all workshops and optional team challenge event: EURO 50 per person
- **CSIT accommodation and meals packages** (full board) must be booked directly with the CSIT (they usually range between 450 € and 550 € - the IRV has no influence on these prices). For the IRV, the infrastructure provided by CSIT enables us to offer this event without a local organiser. A pre-registration with CSIT will be available towards the end of 2018, with final confirmation in 2019.

Expression of intent

Please help the IRV gain an overview of the number of interested participants in order to negotiate the best possible wheel gymnastics training facilities in Tortosa.

As we are currently in discussions with the CSIT regarding the organisation of this wheel gymnastics event, we kindly ask you to give us your **EXPRESSION OF INTENT** on

<http://www.rhoenrad.com/en/events/wsg2019-tortosa.html> by **10 SEPTEMBER 2018**.